



James Divine

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Empower

Your Future

Goal Setting

Overview:

"Empower Your Future" is a dynamic and interactive goal-setting class designed specifically for teenagers. This course aims to equip teens with the essential tools and strategies to define, pursue, and achieve their personal and academic goals.

Objectives:

- *Self-Discovery: Help teens understand their strengths, passions, and values.*
- *Goal Identification: Guide students in setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goals.*
- *Planning and Execution: Teach effective planning and time management techniques.*
- *Overcoming Obstacles: Equip teens with strategies to navigate challenges and setbacks.*
- *Mindset: Foster a growth mindset*

Benefits:

- *Gain clarity on personal and academic goals.*
- *Improve self-confidence and decision-making skills.*
- *Develop a proactive and positive approach to challenges.*
- *Build a supportive network of like-minded peers.*

James' Bio

There once was a little boy named Jimmy whose mom told him he could be anything he wanted...a policeman, a doctor, a lawyer, even the President of the United States. He exceeded all her expectations and became a teacher!

James retired from full time teaching in 2023. Now he creates curriculum, serves as a guest clinician and adjudicator, and is a motivational speaker, using music and his 105 year old sax to remind audiences that - although their lives may be scratched, dented, and abused like his saxophone, a beautiful symphony of sound can still come pouring out of their lives.

He is husband to his beautiful wife of 37+ years, father to 4 grown kids, and grandfather to 10 (and counting).

Find out more about James:

www.jazzysaxman.com

www.jamesdivine.net

A word from James...

“What if I told you that - on a teacher’s salary, growing up on welfare and coming from a broken home - that I am just 2 years away from becoming a millionaire. I didn’t inherit any money and my wife also has a normal job. How did we do it? Through goal-setting, consistency, and the success formula.

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